

The Power of Intention

with Rabbi Shefa Gold

Sunday October 30th, 10AM-1:00PM
(Suggested donation- \$18 - 25.)

at P'nai Or
Jewish Renewal Congregation of Philadelphia
www.pnaior-phila.org

Located in the Community Wing of Summit Presbyterian Church,
6757 Greene St. Philadelphia, PA 19119

Enter on Greene: walk through the lawn to the double red doors, down a few steps and come on in!



Explore the Power of Intention through practices of chant, meditation, imagination, self-awareness and an examination of how thought influences the powers of presence, perception and creativity. Examine resistance, and develop strategies to evolve individual spiritual practice.

Rabbi Shefa Gold is a leader in **ALEPH: Alliance for Jewish Renewal** and received her ordination both from the Reconstructionist Rabbinical College and from Rabbi Zalman Schachter-Shalomi. She is the director of C-DEEP, The Center for Devotional, Energy and Ecstatic Practice in Jemez Springs, New Mexico and author of Torah Journeys: The Inner Path to the Promised Land, and In the Fever of Love: An Illumination of The Song of Songs, both published by Ben Yehuda Press. Her latest book, published by Jewish Lights is called The Magic of Hebrew Chant: Healing the Spirit, Transforming the Mind, Deepening Love.

Important Parking Request: As a courtesy to the folks attending Sunday Morning Services at the Church, please do a mitzvah by parking a few blocks away and walking over. Their services and our workshop start at the same time!!